



APPLE CREEK ELEMENTARY SCHOOL



173 West Main St.
Apple Creek, OH 44606
(330) 698-3111

SOUTHEAST LOCAL SCHOOLS

Mr. Karolewski, Principal
Mrs. McConnell, Secretary
Mrs. Amstutz, Guidance

APRIL/MAY 2021

Final Forms

FinalForms is now open for parents/guardians to complete for the 2021-2022 school year.
<https://southeastapplecreek-oh.finalforms.com/>

Yearbooks

Please call the school if you are still interested in a yearbook. The cost is \$15 but the memories are priceless. :)

State Testing

Ohio State Testing is upon us! All students in grades 3 through 6 are required by the state to take these assessments. Please do your best to make sure that your student is in attendance on the dates below.

- April 13: Grades 3-6 English Language Arts Part 1 OST
- April 14: Grades 3-6 English Language Arts Part 2 OST
- April 15: Grades 3-6 Math Part 1 OST
- April 16: Grades 3-6 Math Part 2 OST
- April 20: Grade 5 Science Part 1 OST
- April 21: Grade 5 Science Part 2 OST

Remote Learners in grades 3-6: Mrs. Riebe and Mr. Harrell will be reminding you of the assessments. The assessments will take place on the same dates as listed above. Students in grades 4-6 will be expected to be at Apple Creek Elementary at 12:30 on the dates above and the assessments will be proctored by Mrs. Riebe and Mr. Harrell. **Remote students in grade 3 will report to Fredericksburg Elementary.** Masks are required for all students inside of the school building. Please call the school with any questions.

6th Grade Open House at JRL

This is for all current sixth grade students going into seventh grade at JRL next school year.
When: Thursday, April 29 at 6pm
<http://www.southeast.k12.oh.us/ms/news/6th-grade-open-house>

3rd Quarter BEAR Award Winners



BEAR COUNTRY



APPLE CREEK ELEMENTARY SCHOOL



Wellness Corner ~Marnie Reber

Greetings! Did you know that April is Stress Awareness Month? **We know we can't have a stress-free life, but we can strive for a stress-balanced life.** Research shows that one of the best ways to help handle stress is to practice slow breathing. You can practice this with your children during a time that is calm and comfortable. Then, when things start to escalate, you can remind them to stop and breathe. **Triangle Breathing is easy to do:** Picture a Triangle or, better yet, draw one. Start at the bottom left of the triangle. Breathe in for three counts as you trace the first side of the triangle. Hold your breath for three counts as you trace the second side of the triangle. Breathe out for three counts as you trace the final side of the triangle. You have just completed one deep breath. Here are two websites that will help with identifying and coping with stress in your children. Signs of stress:

<https://www.familyeducation.com/stress-awareness-month-6-signs-your-child-stressed>. Coping skills need to be taught and modeled by the important people in a child's life. This website has lots of different ideas and breathing exercises: <https://copingskillsforkids.com/deep-breathing-exercises-for-kids>.

We have two opportunities to discuss stressful situations in April! Tuesday, April 13th; 10:00 a.m.: Stress at Home: What Can We Do? and Friday, April 23rd 10:00 a.m.: Triple P Discussion: Hassle Free Shopping with Children. Both will be via Zoom and **pre-registration is required**. For more information and to sign up, email me or leave your name and phone number with the office at your child's school.

Let me know if you have any questions. Be Well - Marnie email: soea_mreber@tccsa.net.

April 2021 (as of 4/6/21)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8 Last Day of the 3rd Grade After School Program Kindergarten Registration	9	10
11	12	13 Grade 3-6 ELA OST	14 Grade 3-6 ELA OST	15 Grade 3-6 Math OST	16 Grade 3-6 Math OST	17
18	19	20 Grade 5 Science OST	21 Grade 5 Science OST	22	23 Interims (D/F only)	24
25	26 Right to Read Week	27 Right to Read Week	28 Right to Read Week	29 Right to Read Week JRL Open House 6p	30 Right to Read Week	

May 2021 (as of 4/6/21)

2	3	4	5	6	7	8
9	10 Camp Wanake (6th)	11 Camp Wanake (6th)	12 Camp Wanake (6th)	13 Camp Wanake (6th)	14 Track/Field Day (5th/6th)	15
16	17	18	19	20	21	22
23	24	25	26 Last Day for Students Report Cards Home	27	28	29

BEAR COUNTRY