



SOUTHEAST LOCAL SCHOOLS DISTRICT WELLNESS

"A community united in a commitment to learning"

<http://www.southeast.k12.oh.us/>

WHAT IS DISTRICT WELLNESS? Southeast Local Schools are committed to the health and wellbeing of everyone in our community. Research tells us when families have streamlined access to resources it aids to reduce stress and builds overall resilience in the individual and the community. As lifelong learners, we can nurture our resilience one conversation at a time. We foster our district wellness by encouraging family engagement for all through

- Monthly Wellness Corner updates in building newsletters
 - A Student Wellness tab located on the Parent section of district website
 - Individualized resources for students and families
 - Enrolling young children in Dolly Parton's Imagination Library Program
 - Community Collaborations
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WHO IS THE WELLNESS COORDINATOR? Marnie Reber is the district's coordinator for both staff and families. Her typical building schedule is as follows:



Monday: Waynedale High School and John R. Lea Middle School
Tuesday: Apple Creek Elementary
Wednesday: Fredericksburg Elementary
Thursday: Mt. Eaton Elementary
Friday: Holmesville Elementary

"Families and parents know their children best. I am available to all families and provide a bridge between home and school. Together we find answers, resources, and information that will encourage our learning. Strong and supportive relationships result in successful outcomes for students. I look forward to working with you for a successful school year."

HOW DO I GET MORE INFORMATION?

Contact via email soea_mreber@tccsa.net or contact your child's school.

*All conversations follow HIPPA and FERPA guidelines and are confidential.